

Mental Health Services Oversight & Accountability Commission

Cultural and Linguistic Competence Committee Meeting Agenda

Wednesday, May 10th, 2017 1:00 PM – 3:30 PM

MHSOAC, 1325 J Street, Suite 1700, Sacramento, CA 95814 Call-In Number 1-866-817-6533; Participation Code 1189021

Other Public Location

UMMA Community Clinic	Alameda County BH	NAMI Orange County
5849 Crocker Street	2000 Embarcadero Cove, Suite 400	1810 E. 17 th Street
Los Angeles, CA 90003	Oakland, CA 94606	Santa Ana, CA 92705

TIME	TOPIC
1:00 PM	Welcome, Introductions, and Opening Remarks
	Chair, Khatera Aslami-Tamplen
	Welcome and Introduction of Members, Review Agenda
1:05 PM	Approval of Minutes
	Chair, Khatera Aslami-Tamplen
	The minutes from the March 8th, 2017 CLCC meeting will be reviewed and considered for approval.
	Public comment
	Vote

Public Notice All meeting times are approximate and subject to change. Pursuant to the Americans with Disabilities Act, individuals who, because of a disability, need special assistance to attend or participate in any Mental Health Services Oversight and Accountability Commission Meeting may request assistance at the Commission offices, 1325 J Street, Suite 1700, Sacramento, CA 95814, by calling 916-445-8696, or by emailing the MHSOAC at mhsoac@mhsoac.ca.gov. Requests should be made one week in advance whenever possible. To accommodate people with chemical sensitivity, please do not wear heavily scented products to MHSOAC meetings.

1:10 PM	 Adoption of the CLCC Charter Chair, Khatera Aslami-Tamplen The committee will consider adopting the CLCC Charter which outlines the purpose, goals, and activities of the committee. Public comment
	• Vote
1:30 PM	 Phase II MHSOAC Transparency Tool Brian Sala, MHSOAC Deputy Director Deputy Director Sala will provide an update on Phase II of the Transparency Tool and hear feedback from the committee about the type of descriptors to include in the tool that would help consumers find the services they need. Public comment
2:10 PM	 Community Involvement Protocols Katherine Elliot, MHSOAC Senior Researcher Dr. Elliot will present a draft of the MHSOAC protocols for ensuring cultural responsiveness in MHSOAC work. This draft will be based on the input received at the CLCC/CFLC brainstorming meeting in November 2016. Public comment
2:40 PM	 Mental Health Crisis Triage Request For Application (RFA) MHSOAC Triage RFA Lead, Kristal Antonicelli In preparation for the next round of SB 82 Triage Grants Ms. Antonicelli is seeking input on how cultural and linguistic components can be incorporated into the requirements for the county grant applications. Public comment
3:20 PM	Discussion of Future Agenda Items for July 12th Meeting <i>Chair, Khatera Aslami-Tamplen</i> Agenda items for the July 12 th meeting will be proposed.
3:30 PM	Adjourn

X ACTION REQUIRED

DATE OF MEETING: 5/10/2017

AGENDA ITEM: Vote: Adoption of March 08, 2017 Meeting Minutes

ENCLOSURES: Draft Minutes from March 08, 2017 Meeting

OTHER MATERIAL RELATED TO ITEM: None

ISSUE:

Minutes from March 08, 2017 meeting will be reviewed and considered for approval by the committee. .

Proposed Motion

The CLCC Committee adopts the minutes from the March 08, 2017 meeting.



CULTURAL AND LINGUISTIC COMPETENCE COMMITTEE MEETING MINUTES • March 8, 2017

TIME and LOCATION: CLCC assembled at 1:00 pm, in the MHSOAC Steinberg Conference Room.

MEMBERS PRESENT:

Khatera Aslami-Tamplen (Chair), Reneeta Anthony (Vice Chair)

CLCC members: Herman DeBose, Tando Goduka, Michael Helmick, Elisa Jimenez, JoAnn Johnson, Kalima Llyas, Rita Mehia, Elaine Peng, Hector Ramirez, Ed Soto, Miriam Vega (via teleconference), Poshi Walker

MEMBERS ABSENT:

Kimberly Diggles, Leslie Hillenbrand, Kali Patterson

MHSOAC Staff: Toby Ewing, Filomena Yeroshek, Brian Sala, Tom Orrock, Keely Connelly, Katherine Elliott

WELCOME AND OPENING REMARKS:

Chair Aslami-Tamplen welcomed all in attendance and opened the meeting at 1:02 pm. Roll call was taken. Minimum quorum was met. Vice-Chair Anthony welcomed the committee members. MHSOAC Executive Director, Toby Ewing welcomed the members and thanked them for their involvement. He stated that our ability to listen should distinguish us from other larger state agencies and that doing this will allow the Commission to translate what is heard into policy and practice which will transform the mental health system and help us meet the goals of the Mental Health Services Act (MHSA). All members of the CLCC introduced themselves and gave a short statement about their background and experience with the public mental health system. Members shared about their interest in the MHSOAC Cultural and Linguistic Competence Committee.

PURPOSE AND VISION OF THE MHSOAC

Brian Sala, MHSOAC Deputy Director, provided an overview of the purpose, goals, and expectations of the MHSA and the MHSOACs role in carrying out the goals of the Act.



He discussed the role of the committees as being a conduit for serving the needs of the Commission to transform the public mental health system.

The Commission has created the committees for specific purposes. The committee's role is to provide help to the Commission in order for it to achieve its objectives. Deputy Director Sala read the MHSOAC mission statement to the committee. It was pointed out that in this mission statement are many opportunities for the committee to participate. Information about the Research and Evaluation components of the Commission activities were shared. The research and evaluation budget is limited which means that the Commission needs to be specific about how it uses the resource. We need to leverage those funds in key ways to allow the funding to go further toward the goals of the MHSOAC. In April, a Fiscal Transparency tool may be available which will raise awareness about the mental health expenditures made by counties as well as unspent funds in county accounts. The hope is that the tool will bring about a greater level of engagement from the community at the county level. Holding county MH accountable for how money is spent is an important part of transparency. At the next meeting of the CLCC we can look at Phase II of the transparency tool. The transparency tool will allow information about best practice which can be spread around to other counties. We are trying to create an ethic of continued quality improvement. The MHSOACs role is really to connect the dots between counties.

Deputy Director Sala also highlighted the SB 82 Crisis Mental Health Triage grant program. This program provides 32 million dollars per year for Crisis services. These funds provide personnel for crisis intervention programs in 24 counties. The new RFA will be released in the spring of 2017. It was shared that Stakeholder contracts will be awarded to seven organizations. Awards will be made on March 23rd. It was shared that the MHSOAC conducts county three-year plan review. Counties are to submit their plans to the MHSOAC not for approval but review. If the MHSOAC recognizes issues with the plans, those concerns are communicated to Department of Health Care Services (DHCS) for enforcement. The Commission also approves county Innovation (INN) plans. A subcommittee has been designed to review the process for approving INN proposals. In 2011 the Legislature removed the role of the MHSOAC in INN and in 2012 in restored the role.

Deputy Director Sala discussed the current projects underway with the MHSOAC i.e. Children's Crisis Services, Criminal Justice and Mental Health, Schools and Mental Health, Issue Resolution Project, and a Project on Fiscal Reversion policy.

Public Comment:

No public comment



COMMITTEE GOALS, EXPECTATIONS, AND REVIEW OF THE 2016/17 CHARTER

Chair Aslami-Tamplen led a discussion about last year's Charter for the CLCC. Asked for input from the committee about items that should be considered for this year's Charter. Chair Aslami-Tamplen suggested that we have fewer items with more impact.

Hector Ramirez asked if we would be using workgroups or subcommittees. Chair Aslami-Tamplen stated that this would be considered moving forward.

Herman DeBose asked for clarification as to what it means to assist with special projects of the Commission. Herman asked to see a list of the Commissions special projects prior to the next meeting of the CLCC.

Michael Helmick requested that the Charter state that a member from the CLCC be on each committee of the MHSOAC. Michael also stated that the cultural competence requirements are far behind and that counties are wanting direction from DHCS regarding the requirements. Michael stated that the California Reducing Disparities Project plan should involve updates on the project and he wondered why there is a delay on this.

Chair Aslami-Tamplen stated that it would be helpful for the items discussed to find their way onto future agendas. She would like input from all members so that we can vote on the Charter at the next meeting.

Hector Ramirez talked about the intersectionality of cultural identifiers. Example: How do we serve someone in the MH system who is both AA and LGBTQ? He stated that we also need to address needs from our immigrant communities and how best to provide services to them.

Tando Goduka asked if it would be possible for CLCC members to be involved in the policy research. The Research and Evaluation agenda suggests what is presented and who presents to the Commission at meetings. A suggestion was made to provide training in cultural and linguistic competence to the Commission.

Poshi Walker made a suggestion to add to the Purpose and Goals section "differences in abilities, gender, and gender identity". She also shared that she had a concern that race was not brought up at the Criminal Justice/MH meeting. She stated that the committee needs to have a real presence not a haphazard presence.

Herman DeBose shared statistics about who receives services in LA County. Specifically addressed AA and Hispanic. He stated that he would like research about what we could do to reduce the number of African Americans and Hispanics in the Criminal Justice system. He believes that much of this is due to trauma. In LA County there is a small population of trauma survivors but they make up a large number of folks in the CJ/MH system.



Katherine Elliot shared about how focus groups have worked as an alternative to having people speak at community forums. One of the things she has worked on in the past was to put a protocol in place to address cultural and linguistic competence from the beginning of projects. This information has been gathered and can be shared with the committee.

Michael Helmick urged that before MHSOAC projects move forward they put representatives from the CLCC on the committees.

Rita Mehia feels that we need to find ways to reach out to immigrants who are living here right now. Wondered how counties are reaching out to these folks in their communities.

Herman DeBose stated that Katherine's work is important and that it is important to have this input at the beginning of projects.

Katherine stated that she will move forward to create a draft for protocols to ensure involvement of cultural and linguistic components at the beginning of all projects both state and local.

Herman DeBose asked if we could get a draft before the next meeting. Chair Aslami-Tamplen suggested that it would need to be out at least ten days prior to the meeting in May.

Miriam Vega wondered if we could focus on addressing community trauma in a more effective way, especially in schools.

Edward Soto welcomed public comment on the draft protocols and stated that he would be happy to provide an update on CRDP in the future.

REVIEW OF BAGLEY-KEENE OPEN MEETING ACT

Filomena Yeroshek, MHSOAC Chief Counsel, presented to the committee on the Bagley Keene Open Meeting Act (Act) and how it relates to the committee functions. Items discussed centered on the three main duties under the Act. Transparency is one of the main focuses of the Act. The goal is to have the state conduct their meetings in open and transparent ways. The Act applies to the MHSOAC and the committees that are organized or created by the Commission. It also applies to any group of three or more individuals who are a part of the committee. If there is a meeting with a specific purpose of the majority of members to hear, discuss and deliberate, it's a meeting. It is not only when you are making a decision or voting. Gathering does not require a physical meeting. Emails can be considered a meeting if there are several members using Reply All to each other. We ask that members Reply but not Reply All. Violations of the Act are typically not intentional. One of the main issue to consider which occurs with teleconference meetings is that the address from where you are calling has to be public and the address has to be listed on the agenda. Calling from home is not an



option and so the staff will help members find a public location. This needs to be done well prior to the meeting because agendas have to be posted ten days in advance. The agenda has to have a brief description of the items with enough information to allow the public to make a decision about whether they want to come to hear about the item or make public comment on the item. You may not discuss items or take action on items that are not on the agenda. All documents that are given to the majority of the members must be provided to the public as well.

TRAVEL PROCEDURES

MHSOAC staff, Keely Connelly, shared information about travel procedures. Packets were distributed with all necessary forms. Standard form, 204 was explained and discussed. Ms. Connelly asked that it be filled out and turned in so that travel expenses can be reimbursed. The Travel Expense worksheet was explained and discussed. This form is filled out for every meeting with the date, meeting, and receipts attached. It is important for everyone to have an email listed on this form so that communication can take place via email. Everything must be signed in blue ink pen. Ms. Connelly invited members to email her with any questions or help that they may need to make travel and reimbursement for expenses more efficient.

PROPOSED CALENDAR FOR 2017 AND NEXT MEETING TOPICS

Chair Aslami-Tamplen reviewed the possible agenda items for the next meeting. These included: MHSOAC projects update, Research and Evaluation Transparency tool, Katherine's community involvement protocol, and adoption of the draft Charter. Vice Chair Anthony suggested that shorter agendas allow for a deeper dive into the subjects.

Next committee meeting is May 10th, 2017. Other dates were shared, July 12th, September 13th, and November 8th.

Meeting adjourned at 3:32PM.



X ACTION REQUIRED

DATE OF MEETING: 05/10/17

AGENDA ITEM: Vote: Adoption of CLCC Charter

ENCLOSURES: CLCC Draft Charter

OTHER MATERIAL RELATED TO ITEM: None

ISSUE:

The CLCC will review the draft charter and consider for approval.

Proposed Motion

The CLCC adopts the 2017-2018 CLCC Charter.

Mental Health Services Oversight and Accountability Commission Cultural and Linguistic Competence Committee (CLCC) 2017-2018 Charter

CLCC CHAIR AND VICE-CHAIR FOR 2017-2018

- Chair, Commissioner Khatera Aslami-Tamplen
- Vice-Chair, Commissioner Reneeta Anthony

PURPOSE AND GOALS

Our common goal is to assist the Mental Health Oversight and Accountability Commission (MHSOAC) to achieve its goals and objectives in transforming the public mental health system. The CLCC will accomplish this by serving as a conduit that will recruit diverse community members and subject matter experts to inform MHSOAC projects selected by the Commission. We will encourage the incorporation of culturally and linguistically competent mental health policies and practices that respect the attitudes, values, beliefs, practices, heritage, identity, faith, age, abilities, gender, gender identity, and mental health challenges of our diverse state.

CORE VALUES

Carry out the mission, values, and goals of the MHSOAC in the areas of:

- Cultural and linguistic competency.
- Respect and reverence for all people.
- Reducing stigma and discrimination.
- Reducing mental health disparities.

GROUND RULES AND GUIDELINES

Members are expected to attend all meetings (by phone or in person) and be on time.

Members are expected to be prepared and fully participate in all meetings and assignments.

Members will respect all cultures, backgrounds, and ideas.

Members will abide by a code of integrity, excellence, and efficiency in carrying out the mission of the MHSOAC.

Members of the Committee will actively participate in the projects.

If members are unable to attend a meeting they will notify the Chair and MHSOAC Staff member prior to the meeting.

MEETINGS AND COMMUNICATIONS

Primary communication is during the scheduled Committee meetings and in strict adherence to the Bagley-Keene Open Meeting Act. The use of email, cell phones, website, or postings may be used for quicker communication as long as no business is conducted and follows the mandates of the Bagley-Keene Open Meet Act. Meetings will be conducted in open session. Adequate notice of meetings will be posted. Members of the public must be provided an opportunity to comment on each agenda item.

RULES OF PROCEDURE

Committee member are reimbursed in accordance with the State of California per diem laws. Decision making is by voting and follows Robert's Rules of Order:

- A Committee member clearly states a motion.
- Another member seconds the motion.
- Discussion by Committee members.
- Public comment is heard.
- Committee members vote on the motion.

CHARTER ACTIVITIES for 2017-2018

- 1. CLCC members will participate in and actively support selected Commission projects. The Committee will be informed by MHSOAC Commissioners as well as MHSOAC staff members of the projects and priorities of the MHSOAC so that the Committee may lend its knowledge and expertise to the process as well as invite the knowledge of other experts.
 - a. Provide feedback on MHSOAC projects to ensure that the needs of individuals from different cultures, languages, and backgrounds are considered in such projects.
 - b. Connect the Commissioners and MHSOAC staff to subject matter experts who can advise the Commission on pertinent issues.
 - c. Review the protocol for addressing cultural and linguistic competence from the beginning of statewide and local projects and present such protocol to the Commission for approval and dissemination.
- 2. Provide a training for the Commission on the needs of a selected culturally diverse community.
- 3. Create a short video highlighting the needs and best strategies in delivering culturally and linguistically competent mental health services.

CHARTER APPROVED AND ADOPTED: _____

X INFORMATION

____ ACTION REQUIRED

DATE OF MEETING: 05/10/17

AGENDA ITEM: Phase II MHSOAC Transparency Tool

ENCLOSURES: Slide presentation

OTHER MATERIAL RELATED TO ITEM: None

ISSUE:

An update of the Phase II Transparency Tool will be presented to the committee for their review and comment. The Transparency Tool is being designed to provide information about how counties have spent MHSA revenue, the amount of unspent funds, and information about the programs available in each county.

Proposed Motion

Not Applicable

X INFORMATION

ACTION REQUIRED

AGENDA ITEM: Mental Health Crisis Triage Request for Application (RFA)

ENCLOSURES: Triage RFA Slide Presentation

OTHER MATERIAL RELATED TO ITEM: None

ISSUE:

The MHSOAC administers 32 million dollars in MH Crisis Triage grants each year to enable counties and city behavioral health departments to provide services to individuals who are in a mental health crisis. An update of the Triage RFA will be provided to the committee for the purpose of obtaining feedback on what cultural and linguistic considerations should be considered in the design of the RFA as well as the scoring process.

Proposed Motion

Not applicable



Mental Health Services Oversight & Accountability Commission

Mental Health Crisis Triage Request for Applications (RFA)



May 11, 2017 Kristal Antonicelli

WELLNESS • RECOVERY • RESILIENCE

Goal for Today

Input from the CLCC on what we should consider with regard to ensuring cultural competence when reading the Applications for crisis triage grants.



Investment in Mental Health Wellness Act of 2013

- Also known as Senate Bill (SB) 82, or triage grants
- Signed into law by Governor Brown in June 2013
- Charged the MHSOAC to administer competitive grants for counties to hire crisis intervention triage personnel statewide
- Total of \$96 million (\$32 million per year)



Intent

- Increase capacity
- Reduce incarceration rates
- Reduce fiscal strain on hospital ED
- Mitigate unnecessary expenditure of law enforcement



Fill gaps

Objectives

- Improve client experience
- Place triage personnel at various points of access
- Reduce recidivism and unnecessary expenditures of law enforcement



Reduce unnecessary hospitalizations and inpatient days

Triage Grants

- 24 counties were funded in early 2014
 Outcomes included:
 - Increase in the utilization of peers in crisis intervention
 - Reduction in psychiatric hospitalizations
 - Improved consumer well-being
 - Increased access and linkages to services and resources
 - Improved timeliness and coordination of services
 - Reduction in stigma



Lessons Learned

- Quarterly meetings with Triage Coordinators
- Triage Meeting with Law Enforcement: January 4, 2017
- Forum on Triage: February 13, 2017



Cultural Competence

What are some general guidelines we should consider when reading the grants?



X INFORMATION

____ ACTION REQUIRED

DATE OF MEETING: 05/10/17

AGENDA ITEM: Discussion of Future Agenda Items

ENCLOSURES: None

OTHER MATERIAL RELATED TO ITEM: None

ISSUE:

The committee will have a discussion of agenda items to be considered for the July 12, 2017 meeting.

Proposed Motion

Not Applicable