

SHASTA COUNTY INNOVATION PLAN

January 28, 2016



Outline

- Innovative Project Criteria
- What OAC Staff Look For
- Shasta County Context
- Proposed INN Project Description
- Proposed INN Project Learning Objectives
- Motion



Regulatory Criteria

- **Funds the exploration of new and/or locally adapted mental health approaches and practices:**
 - New
 - Adaptation of an existing mental health program
 - Promising approach from another system adapted to mental health
- **Focuses on one of four allowable primary purpose(s):**
 - Increase access to services to underserved groups
 - Increase the quality of services, including measurable outcomes
 - Promote interagency and community collaboration
 - Increase access to services
- **Addresses a barrier other than not enough \$\$\$**
- **Cannot merely replicate programs already operative in other similar jurisdictions**
- **Must be aligned with core MHSA principles (e.g. client-driven, culturally competent, recovery-oriented)**
- **Promotes *learning***
 - Learning ≠ success
 - Emphasis on extracting information that can contribute to systems change



What OAC Staff Look For

- **Specific requirements regarding:**
 - Community planning process
 - Stakeholder involvement
 - Clear connection to mental health system or mental illness
 - Learning goals & evaluation plan
- **What is the unmet need the county is trying to address?**
 - Can't be lack of funding!
- **Does the proposed project seem like a reasonable approach to meet the need(s)?**
- **Clear learning objectives that link to the need(s)?**
- **Evaluation plan that allows the county to meet its learning objectives?**
 - May include process as well as outcomes components



Shasta County Context

■ Demographics:

- Population: 177,223
 - ◆ 87.9% White, 8.3% Latino/a, 1% African-American, 2.2% American Indian, 2.6% Asian
- High unemployment
 - ◆ 9.8 percent versus the state average of 7.1 percent
- Low median household income
 - ◆ \$44,396 versus the state level of \$61,400
- High suicide rates
 - ◆ 21 suicides per 100,000 people versus the state average of 9 per 100,000
- CDCR estimates that more than 15,000 Shasta County residents suffer from depression

■ Challenges:

- Significant difficulties recruiting licensed clinical staff
- Very limited availability of after-hours care
- High (after hours) ER & hospitalization rates
- Small and under-resourced local CBOs
- Huge unmet behavioral health needs (cf. FQHC scores)



Proposed INN Project: Community Mental Health Resource Center

■ Holistic, one stop community resource center:

- Extended evening (2-11pm) and weekend hours (11am-11pm)
- Peer support/peer navigators; psychoeducation for family members and clients; pre-crisis and emergent crisis clinical services; case management; respite care; youth services; transportation; linkages to supported housing; assistance with welfare & disability applications & family support
- Explicit continuum of services spanning at-risk community members & those with established disabilities
- Designed to maximize efficiency & promote well-being & the normalization of mental health challenges (clinical staff available where needed; multiple peer and/or para-professional supports where not)
- Promotes inter-agency and inter-organizational collaboration



Proposed INN Project Learning Objectives & Evaluation

■ Specific Learning Objectives:

1. The extent to which the after-hours Project improves access to services, particularly for individuals currently un-served or under-served
2. Whether the project reduces mental health crises, including trips to the emergency room, in both human and economic benefit
3. The extent to which an after-hours “one-stop” resource center can help bridge service gaps, facilitate access and better meet community needs
4. The impact of the project on families
5. The elements of the project that are most associated with successful outcomes, with a focus on effective collaborative approaches

■ Evaluation Plan:

- (Comparative) utilization analyses, encounter data, satisfaction surveys, & stakeholder feedback focusing on both process & outcomes



Motion

■ The MHSOAC approves Shasta County's INN Project.

- ◆ Name: Community Mental Health Resource Center
- ◆ Amount: \$2,969,053
- ◆ Project Duration: Four Years

