MENTAL HEALTH RESOURCES

Find local and statewide resources on the MHSOAC website at:

www.mhsoac.ca.gov/ContactUs/Resources.aspx

FIND OUT MORE ABOUT PROP 63

www.prop63.org

STAY CONNECTED

To be added to our mailing list, please email:

mhsoac@mhsoac.ca.gov

DO YOU NEED IMMEDIATE HELP?

If you or someone you know needs to speak with a professional counselor, call 1-800-273-TALK (8255)

Find emergency services in your area:

www.mhsoac.ca.gov/ContactUs/Crisis_Link.aspx

WELLNESS • RECOVERY • RESILIENCE

HOW TO GET INVOLVED LOCALLY AND STATEWIDE

1300 17th Street, Suite 1000
Sacramento, CA 95811
Ph: 916-445-8696
Fax: 916-445-4927
GET INVOLVED AT THE LOCAL LEVEL

Contact your County’s MHSA Coordinator

Every county has an MHSA Coordinator in California. That Coordinator will let you know how you can get involved in your county.

Find your County Coordinator by visiting:
www.prop63.org or
www.mhsoac.ca.gov/docs/MHSA_Coordinators_2013.pdf

GET INVOLVED AT THE STATE LEVEL

Attend MHSOAC Meetings
MHSAOAC meetings typically occur on a bi-monthly basis and are open to the public. Members of the public may comment during public comment periods in the meeting. All meeting dates, locations, agendas and documents are posted to the website at www.mhsoac.ca.gov/Meetings/Meetings.aspx

Call-in to Public Meetings
Meeting locations vary every month. If you are unable to attend a Commission meeting, you can call and listen in. Teleconference numbers and participant passcodes are listed on the meeting agendas. Agendas can be accessed at www.mhsoac.ca.gov/Meetings/Meetings.aspx

Join Committees
MHSAOAC Committees focus on and discuss specific issues related to the Commission’s Annual Workplan and bring their recommendations to the Commission.

There are five committees:
* Client and Family Leadership
* Cultural and Linguistic Competence
* Evaluation
* Financial Oversight
* Mental Health Services

For more information on joining a committee, go to www.mhsoac.ca.gov/Committees/Committees.aspx

Join the MHSOAC Mailing List
For the latest on meeting information, current documents and updated website information, join the MHSAOAC mailing list. Send an email with SUBSCRIBE in the subject line to: mhsoac@mhsoac.ca.gov

Include the following information:
* First and Last Name
* Email Address
* Organization Affiliation (optional)

Contact an Organization
The MHSAOAC works with various stakeholders to fulfill the mission of Prop 63 (MHSA).

A few of those stakeholders are:
* Mental Health America of California (MHAC)
* United Advocates for Children and Families (UACF)
* National Alliance on Mental Illness (NAMI)
* California Institute for Mental Health (CiMH)
* Racial and Ethnic Mental Health Disparities Coalition (REMHDCO)
* California Mental Health Directors Association (CMHDA)
* California Youth Empowerment Network (CAYAN)