MHSOAC Calls for Art and Writing Submissions!

The Mental Health Services Oversight and Accountability Commission is currently accepting artwork and writing produced by consumers in recovery, family members, and the mental health stakeholders community at large to be featured in our special edition newsletter, MHSOAC Expressions, as well as future issues of the MHSOAC newsletter, MHSOAC Update, and public view on the MHSOAC Website.

*MHSOAC Update* is a published quarterly newsletter of current commission news, consumer success stories and other related mental health news and events.

*MHSOAC Expressions* is a special edition of the MHSOAC newsletter which will exclusively feature artwork and writings from the mental health community. This newsletter will be available to mental health stakeholders and the public in print and on our website.

Please submit your artwork, short stories, and poems to the MHSOAC to be considered for inclusion. We encourage all themes and topics, but especially those with themes of: wellness, recovery, and personal experiences or triumphs as related to mental health.

**Submission Guidelines**

1. Please submit your art and/or writing in **electronic form**.
2. Art images must be **digitally photographed** and saved in the format of a JPEG.
   * You can also save materials onto a CD and send us the CD via postal mail.
   - Please make sure that the digital image is as **high quality** as possible, and that there are no other objects in the photograph (such as hands, or anything that obscures the artwork). If the artwork is in a frame, please remove it before photographing.
3. Writing in the form of stories and poetry are highly encouraged. If writing is not in English, please also provide a translated copy.
4. For each submission, please include your name as you would like it to appear, the **title** of each artwork/writing submission, and your **county** of residence.
5. The selection of the art and writing featured will be up to the discretion of the MHSOAC Communications Unit.
6. Author or artist will be notified if your piece is selected for use. There is no monetary compensation for artwork or writing that is selected; this is solely an opportunity to share creative expressions with the community.
7. Unless requested, materials submitted will not be returned.
8. Please **also send or fax in a copy of the submission form with your signature.** For legal reasons, artwork or writing without a completed submission form will not be considered for publication.

All submissions are to be submitted electronically in the format of a word document, PDF or JPEG via email to mhsoac@mhsoac.ca.gov or via postal mail to the MHSOAC no later than **Friday, July 6, 2012**.
Mental Health Art and Writing Submission Form

Name: __________________________  __________________________
   First       Last

Name, as you would like it to appear in the publication: _______________________________
   OR ____. I do not wish to have my name published with my art/writing.

Age (for children’s submissions) _____
   * If person submitting art or writing is under the age of 18, a parent or legal guardian must sign this consent form.

Organization/Program (if applicable): ________________________________

County: ______________________

Phone Number: __________________________

Address: ________________________________
   Street: _______  City: _______  Zip Code: _______

Email Address (if available): ________________________________

Description of Submission: Please check type of material you are submitting.

☐ Art
   Format to submit: Microsoft Document, PDF, JPEG
   Type of Media: (oil, acrylic, watercolor, graphite, photo, glass, or other mediums, etc.)

☐ Writing (no longer than 500 words)
   Format: Word Doc
   Type of Writing: (Poetry/Short Stories)

Please provide a brief description of your submission:

*Please do not forget to sign the consent form on the next page.*
CONSENT TO PUBLISH and REPRODUCE

I give my consent to the Mental Health Services Oversight & Accountability Commission (MHSOAC) to have my art and writing published, reproduced, and electronically transmitted in publications, brochures, MHSOAC website, and other communications efforts selected by MHSOAC.

*Please remember to also fax or send a hard copy with your signature to the MHSOAC. Fax: 916-445-4927. Attention: MHSOAC Communications.

____________________________________  __________
Signature                               Date

Printed Name

OR

Please sign below indicating your consent to publish and reproduce your child's art and/or writing as set forth above.

____________________________________  __________
Signature of parent or legal guardian  Date

Printed Name of parent or legal guardian

If relationship is other than a parent please state your authority to consent: __________________________